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Sommario/riassunto

Working with principles from the fields of evolutionary and developmental biology (evo-devo), this fascinating work offers a new approach to analyzing child growth and development, examining each stage and transition in detail, from fetal development to preadulthood. Based on the author's in-depth review of the current literature and his own observations as a pediatric endocrinologist, the book demonstrates how the transitions between human life history phases represent unique periods of evolutionary adaptive response to the environment. In addition, the author explains why an understanding