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Nota di contenuto	Front Cover -- A Meaningful Life at Work -- Copyright Page -- Dedication -- Acknowledgements -- Contents -- About the Authors -- Introduction -- References -- Chapter 1 Passionate about Work or Addicted to Work? -- Introduction -- Work Engagement and Workaholism -- Engagement as Passion towards Work -- Outcomes of Engagement -- Understanding the Addictive Side of Workaholism -- Causes of Workaholism -- The Outcome of Workaholism -- The Connection between Engagement and Workaholism to Wellbeing -- Intervention: How Do We Help Workaholics? -- Conclusion -- References -- Chapter 2 'Being Good or Being Bad in the Workplace?' Does Moral Imagination Influence Employees' Ethical Behaviour? -- Introduction -- Ethics and Moral: Which One Is Better? -- Wellbeing: We Need a Good and Ethical Employee -- Major Models of Ethical Behaviour -- Moral Imagination -- Moral Imagination and Wellbeing -- A Right Culture for Moral Imagination -- Conclusion -- References -- Chapter

Sommario/riassunto	'A Meaningful Life at Work' addresses a range of contemporary issues that impact on an individual's experiences in the workplace, including those that may restrict opportunities for personal growth in a professional setting. Understanding an employee's values, their choices and the problems they face in the workplace may help organisations to better structure their human resource policies, compensation packages and working conditions. The authors explore employee wellbeing from a Malaysian perspective as a developing country, but they also reflect on the broader Asian and wider global context. The key themes analysed in this book include work addiction, cyber bullying, sexual harassment in the workplace and the ethics of workplace behaviour. The book contributes to the theoretical discourse around organisation studies and employee wellbeing, while also seeking to integrate academic concepts with practice. In this way, it offers practical steps towards promoting positivity and happiness in the workplace.