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Nota di contenuto	RESEARCHING FOOD HABITS; CONTENTS; LIST OF FIGURES; LIST OF TABLES; PREFACE; LIST OF CONTRIBUTORS; INTRODUCTION: HOW TO DO ANTHROPOLOGIES OF FOOD; 1. ANTHROPOLOGY OF FOOD AND PLURIDISCIPLINARITY; 2. DEFINITIONS, CONCEPTS AND METHODS IN THE ETHNOBOTANY OF FOOD PLANTS; 3. QUALITATIVE RESEARCH IN THE ANTHROPOLOGY OF FOOD; 4. 'TELL ME WHAT YOU EAT AND YOU WILL TELL ME WHO YOU ARE'; 5. FOOD, IDENTITY, IDENTIFICATION; 6. DOING IT WRONG; 7. METHODS FOR ASSESSING TASTE ABILITIES AND HEDONIC RESPONSES IN HUMAN AND NONHUMAN PRIMATES; 8. RESEARCHING FOOD PREFERENCES 9. DIETARY INTAKE METHODS IN THE ANTHROPOLOGY OF FOOD AND NUTRITION; 10. STUDYING FOOD INTAKE FREQUENCY; 11. THE CONCEPT OF ENERGY BALANCE AND THE QUANTIFICATION OF TIME ALLOCATION AND ENERGY EXPENDITURE; 12. METHODS FOR OBTAINING QUANTITATIVE DATA ON FOOD HABITS IN THE FIRST HALF OF THE TWENTIETH CENTURY; 13. RECONSTRUCTING DIETS FOR COMPENSATION FOR NUCLEAR TESTING IN RONGELAP, MARSHALL ISLANDS; 14. FOOD, CULTURE, POLITICAL AND ECONOMIC IDENTITY; EPILOGUE; GLOSSARY; INDEX

## Sommario/riassunto

The term "Anthropology of Food" has become an accepted abbreviation for the study of anthropological perspectives on food, diet and nutrition, an increasingly important subdivision of anthropology that encompasses a rich variety of perspectives, academic approaches, theories, and methods. Its multi-disciplinary nature adds to its complexity. This is the first publication to offer guidance for researchers working in this diverse and expanding field of anthropology.

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