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   Autore   Frank Rochelle I.

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   Sommario/riassunto Transdiagnostic treatment is the future of psychology. Mounting evidence shows that moving beyond treatment protocols that focus on a singular diagnosis and toward transdiagnostic approaches that target psychological mechanisms can improve outcomes. If you are seeking to correctly identify mechanisms and use them to select interventions that best meet the needs of your clients this book offers a powerful and much needed guide. The Transdiagnostic Road Map to Case