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Disciplina	302
Soggetti	Interpersonal communication - Psychological aspects Information technology - Psychological aspects Interpersonal relations Privacy, Right of Distraction (Psychology) Online etiquette
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Nota di bibliografia	Includes bibliographical references (pages 245-248) and index.
Sommario/riassunto	"Advice from a therapist on managing and communicating preferences about the use of electronic technology such as email, chat, and social media. Addresses avoiding distraction, identity theft, and privacy violations; protecting children; and handling email clutter; as well as communicating respectfully to nurture healthy relationships and intimacy"--Provided by publisher.