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| 1. Record Nr. | UNINA9910818760803321 |
| Autore | Bronson Phyllis J. <1952-> |
| Titolo | Moods, emotions, and aging : hormones and the mind-body connection // Phyllis J. Bronson with Rebecca Bronson |
| Pubbl/distr/stampa | Lanham, : Rowman & Littlefield, c2013 |
| ISBN | 1-4422-4867-X 1-4422-2102-X |
| Edizione | [1st ed.] |
| Descrizione fisica | 1 online resource (193 p.) |
| Altri autori (Persone) | BronsonRebecca |
| Disciplina | 612.4/05 |
| Soggetti | Hormones Women - Health and hygiene |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | Description based upon print version of record. |
| Nota di bibliografia | Includes bibliographical references and index. |
| Nota di contenuto | In defense of estrogen -- The truth about progesterone -- Mood chemistry -- The connection between body type and hormones -- Weaving the web : how hormones are central to the female psyche -- Sexuality -- Relationships -- Diseases of aging/adventures in aging. |
| Sommario/riassunto | Hormone Replacement Therapy is vital for women, and there is a lot of confusion about it in both the medical community and among women. This book presents the science behind bio-identical hormones and describes why these hormones are so important for women, especially at midlife. |