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| Autore                  | Creed Torrey A  |
| Titolo                  | Cognitive therapy for adolescents in school settings // by Torrey A. Creed, Jarrod Reisweber, Aaron T. Beck   |
| Pubbl/distr/stampa      | New York, : Guilford Press, c2011   |
| ISBN                    | 1-283-02099-8<br>9786613020994<br>1-60918-136-0<br>1-60918-134-4  |
| Edizione                | [1st ed.]   |
| Descrizione fisica      | 1 online resource (193 p.)  |
| Collana                 | Guilford practical intervention in the schools series   |
| Altri autori (Persone)  | ReisweberJarrod<br>BeckAaron T  |
| Disciplina              | 371.7/13  |
| Soggetti                | Cognitive therapy for children<br>School mental health services<br>Emotional problems of children - Treatment<br>Behavior disorders in children - Treatment<br>Cognitive therapy - Methodology<br>Special education - Methodology   |
| Lingua di pubblicazione | Inglese   |
| Formato                 | Materiale a stampa  |
| Livello bibliografico   | Monografia  |
| Note generali           | Description based upon print version of record.   |
| Nota di bibliografia    | Includes bibliographical references and index.  |
| Nota di contenuto       | Front Matter; Contents; List of Figures, Tables,and Appendices; Chapter 1; Chapter 2; Chapter 3; Chapter 4; Chapter 5; Appendices; References; Index  |
| Sommario/riassunto      | This first concise guide to conducting cognitive therapy (CT) with adolescents in school settings features in-depth case examples and hands-on clinical tools. The authors-who include renowned CT originator Aaron T. Beck-provide an accessible introduction to the cognitive model and demonstrate specific therapeutic techniques. Strategies are illustrated for engaging adolescents in therapy, rapidly creating an effective case conceptualization, and addressing a range of clinical issues and stressors frequently experienced in grades 6-12. The challenges and rewards of school-based CT are |

