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| Autore | Bateman Anthony |
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| ISBN | 0-19-166992-X 0-19-183556-0 0-19-166991-1 |
| Edizione | [First edition.] |
| Descrizione fisica | 1 online resource (485 p.) |
| Disciplina | 616.858 |
| Soggetti | Personality disorders - Treatment Psychotherapy Mental healing |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | Description based upon print version of record. |
| Nota di bibliografia | Includes bibliographical references and index. |
| Nota di contenuto | Cover; Preface; Contents; Part 1 The mentalizing framework; 1 What is mentalizing?; 2 Using the mentalizing model to understand personality disorder; 3 Comorbidity; 4 Assessment of mentalizing; 5 Structure of mentalization-based treatment; Part 2 Mentalizing practice; 6 Clinician stance; 7 Principles for the mentalizing clinician; 8 The mentalizing focus: support, empathy, and validation; 9 The mentalizing focus: clarification, affect elaboration, affect focus, and challenge; 10 Relational focus of mentalizing: transference tracers and mentalizing the relationship 11 MBT-Introductory group (MBT-I)Part 3 Mentalizing groups; 12 Mentalizing group therapy; 13 Antisocial personality disorder: mentalizing, MBT-G, and common clinical problems; Part 4 Mentalizing systems; 14 Mentalizing and families: the Families and Carers Training and Support program (FACTS); 15 Mentalizing the system; Recommended further reading; Index |
| Sommario/riassunto | Loss of mentalizing leads to interpersonal and social problems, emotional variability, impulsivity, self-destructive behaviours, and |

violence. This practical guide on MBT treatment of personality disorders outlines the mentalizing model of borderline and antisocial personality disorders and how it translates into an effective clinical treatment.
