1. Record Nr. UNINA9910818324303321 Autore Yellowlees Peter Titolo Physician well-being: cases and solutions // Peter Yellowlees, MBBS, M.D Pubbl/distr/stampa Washington, District of Columbia:,: American Psychiatric Association Publishing, , [2020] ©2020 **ISBN** 1-61537-290-3 Descrizione fisica 1 online resource (xxii, 243 pages) Disciplina 158.723 Soggetti Physicians - Psychology Case Reports Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Includes bibliographical references and index. Nota di bibliografia "Our Dedicated Dad" -- Health Care Is a Team Sport -- A Unified Nota di contenuto Mission -- Trust, Mentoring, and Innovation -- Pre-Med: Vulnerability and Trauma -- Medical School: Implicit Biases and a Well-Being Curriculum -- Residency: A Narcotic Addict's New Career -- Cognitive Dissonance and Defining Meaning in Medicine -- Medical Marriages: Caring for Each Other -- The Joy and Meaning of Medicine. "The figures are stark: 10-15 years after entering medical school, the Sommario/riassunto average physician has twice the level of burnout of the average professional. Suicide rates among physicians are 1.4 and 2 times higher than in the general population for men and women, respectively. Physician Well-Being argues that the major reasons for physician distress are organizational and systemic and focuses on solutions that work. The guide focuses its gaze on the range of the provider experience, from pre-med programs and practice settings that include a large health system and multidisciplinary clinic to specific scenarios such as medical marriages. Through fictional but realistic and nuanced case studies, it proposes solutions designed to make today's typical health care environments more effective. Concise literature reviews highlight each chapter's most salient points, and detailed lists of

references serve as springboards for further exploration. Throughout the volume, wisdom gleaned from the author's 30-year career as a

psychiatrist-during which he has treated hundreds of physicians as patients-makes a powerful case for changes in the culture and process of medicine that are essential for improving both provider well-being and patient care and safety"--

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