

1. Record Nr.	UNINA9910818040803321
Titolo	Cognitive behaviour therapy for children and families // edited by Philip Graham, Shirley Reynolds [[electronic resource]]
Pubbl/distr/stampa	Cambridge : , : Cambridge University Press, , 2013
ISBN	1-107-23883-8 1-107-32719-9 1-107-33363-6 1-107-33695-3 1-107-33280-X 1-299-25759-3 1-107-33529-9 1-139-34445-5
Edizione	[Third edition.]
Descrizione fisica	1 online resource (x, 400 pages) : digital, PDF file(s)
Collana	Cambridge child and adolescent psychiatry
Disciplina	618.92/891425
Soggetti	Cognitive therapy for children Family psychotherapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Title from publisher's bibliographic system (viewed on 05 Oct 2015).
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	section 1. Developmental cognitive theory and clinical practice -- section 2. Engagement and assessment -- section 3. Client groups -- section 4. Cognitive approaches to children facing adversity -- section 5. Applications in specific child and adolescent syndromes -- section 6. Cognitive behaviour therapy : applications in preventive interventions -- section 7. New developments in cognitive behaviour therapy for children.
Sommario/riassunto	Now firmly established as the standard text on the subject, Cognitive Behaviour Therapy for Children and Families, 3rd edition incorporates new and updated material on many topics not covered in previous editions, including the use of low intensity treatment methods with families, the use of new technologies to deliver cognitive behaviour therapy (CBT), the development of mindfulness techniques for children and the use of CBT with ethnic minority groups. The international panel

of contributors ensures the highly authoritative and relevant nature of the content, making this text an invaluable source for all child and adolescent mental health professionals, including psychologists, psychiatrists, mental health nurses, family and individual psychotherapists, paediatricians and general psychiatrists.
