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Nota di contenuto	Career Planning for Research Bioscientists; Copyright; Contents; Author's note; Acknowledgements; Chapter 1 Introduction; Who is this book for?; The process of career planning; Helping you with your career planning; Content of the book; How to use this book; References; Chapter 2 Planning your career; The importance of career planning; What is career planning?; Career planning in action; Conclusion; References; Chapter 3 Self-awareness; What is self-awareness?; Knowledge and interests; Skills; Personality; Values; Other contributing factors Practical ways to analyse your 'self' and increase self-awareness1 Skills audit; 2 Personality assessment; 3 Values analysis; Conclusion; References; Chapter 4 The job market; Career sectors; Academic career path; Bioscience- or science-related careers; Careers outside science; Examples of job advertisements; (a) Postdoctoral posts; (b) Tenured academic posts; (c) Research in industry; (d) Science-related jobs in industry; (e) Science publishing and writing; (f) Administration; (g) Management programmes; Analysis of job advertisements; Research (academia); Research and technical (industry) Science communicationAdministration; General management; Self-

employment; Where are the jobs?; Accessing the 'visible' job market; Accessing the 'hidden' job market; Making the most of your network; Conclusion; References; Chapter 5 Enhancing your employability; The changing nature of work; Taking responsibility; Taking a proactive approach; Planned happenstance; Personal and professional development; Practise making funding applications; Attend conferences and meetings; Collaborate; Join/set up a group; Join professional organisations; Engage with social media; Mentoring; Teaching Supervision Entrepreneurship; Science communication; Voluntary work; Get support; Record your progress; Conclusion; References; Chapter 6 Making applications; Employer perspective; Presenting a professional image; Methods of application; Curriculum vitae; Application forms; Conclusion; Reference; Chapter 7 Successful interview technique; Types of interviews; One-to-one interviews; Telephone interviews; Skype interviews; Panel interviews; Presentations; Interview tasks; Assessment centres and psychometric testing; Interview content: what questions will you be asked?

Junior postdoctoral interviews Senior postdoctoral researcher/group leader; Non-research posts; Answering the questions; Tackling the 'weaknesses' question; Thinking of questions to ask the interviewer; Preparation; If you are offered the job; If you are not offered the job; Conclusion; Reference; Chapter 8 Decision making and action planning; Careers in research; Other career options; Decision making; Decision-making styles; Taking action; Turning decisions into action; Writing a plan of action; Conclusion; References; Afterword; Appendix 1 Career narratives

Summarised list of career narratives

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## Sommario/riassunto

Career Planning for Research Bioscientists is an essential careers guide for bioscience doctoral students and postdoctoral researchers. It contains a wealth of information and resources specifically targeted at research bioscientists, with practical strategies to enhance career success in an increasingly competitive job market. Advice on how to write a winning CV together with examples adapted for different jobs is presented, as well as practical exercises to assist with skills analysis and decision making. Profiles of PhD-qualified bioscientists in a range of professions including

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