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| Nota di contenuto | College Student Alcohol Abuse; Contents; Preface; Contributors; Part I Epidemiology, Consequences, and Risk Factors; 1 Prevalence and Consequences of College Student Alcohol Use; Heavy Drinking at College; Alcohol-Related Consequences; Academic Performance; Alcohol Blackouts; Alcohol and Adolescent Neurocognitive Development; Alcohol and Drug Use Among College Students; Alcohol Overdoses; Students at High Risk; Interventions to Reduce College Drinking; Conclusions; References; 2 College Student Drug Use; Prevalence and Consequences; Marijuana Methamphetamine, Amphetamine, and Prescription StimulantsCocaine; Opiates, Prescription Pain Killers, Tranquilizers, and Sedatives; Ecstasy; Nicotine; Hallucinogens; Ketamine, Rophynol, GHB; Inhalants; At-Risk Groups; Summary; References; 3 Windows of Risk: Events and Contexts Associated With Extreme Drinking; Events Associated With Extreme Drinking; Twenty-First Birthday; Spring Break; Other Drinking Events; Event Specific Prevention; Contexts Associated With High-Risk Drinking; Weekends and Academic Breaks; Sporting Events; Tailgating; |

Pregaming; Parties; Drinking Games

Context Specific Prevention Conclusions; References; 4 Theories of College Student Drinking; Theories of College Student Drinking and Their Role; Prevalence of College Student Drinking and Alcohol-Related Negative Consequences; Major Theories of and Applied to College Student Drinking; Theories of Drinking Among College Students; Personality Correlates of College Drinking; Summary of the Empirical Evidence for Theories of Drinking Among College Students; Analysis and Conclusions; Where Do Theories of Drinking Among College Students Go From Here?; Conclusions; References

Part II Assessment, Intervention and Prevention Strategies 5 Review of Clinical Assessment Tools; Reliability and Validity of Self-Report; Conceptualizing Alcohol-Related Problems Among College Students; Specific Clinical Assessments; Screening Assessments; Measures of Alcohol Use; Measures of Alcohol-Related Problems; Diagnosing Alcohol Use Disorders (AUD) Among College Students; Other Measures of Alcohol-Related Constructs; Informal/Semi-Structured Assessments; Future Directions/Summary; References; 6 Applying Harm-Reduction Strategies on College Campuses

College Student Alcohol Use and Related Consequences Harm-Reduction Approaches; Information on Factors Contributing to Harm that can be Included in Harm-Reduction Interventions; Harm-Reduction Strategies; Policy as a Form of Harm Reduction; Opportunities for Application; Future Directions; References; 7 Campus and Community Interventions to Reduce Alcohol Use, Abuse, and Consequences; Overview and Introduction; Historical Background; Current Evidence on Environmental Strategies; MLDA and Alcohol Access; Price; Alcohol Outlet Density; Compliance Checks; Responsible Beverage Service Keg Registration

Sommario/riassunto

Essential evidence-based strategies for the prevention and reduction of alcohol abuse among college students. With contributions from notable substance abuse researchers, this practical guide presents clear strategies for prevention of and interventions for alcohol abuse in the college-age population. Ranging from community-based prevention programs to individual, motivational, and interview-based approaches, *College Student Alcohol Abuse* explores: The leading theories used to conceptualize college student drinking and related problems, with an emphasis on the cl
