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Nota di contenuto	CONTENTS; Foreword; Preface; Introduction; Acknowledgements; CHAPTER1 In the spirit of good health; CHAPTER2 Soul works - the relevance of spirituality to a healthy workplace; CHAPTER3 Faith and the donkey stone - the death of credibility; CHAPTER4 Thank God for burnout; CHAPTER5 On empty tigers and a roaring sea - intention, prayer and getting out of the way; CHAPTER6 Deep listening - getting out of the way even more; CHAPTER7 If God is all - does that include measles? Reflections on dualism and oneness; CHAPTER8 Socks, silence and stillness - reflections on the sanctuary of meditation CHAPTER9 Peeping through the crack in the doors of perception - reflections on the perils and pitfalls of the quick ways to God; CHAPTER 10 Of gods and gurus - fear and loathing in the spiritual quest; CHAPTER 11 Pouring oil on the fire of the soul; CHAPTER 12 Give me Darth Vader any day - the blessing of ego work; CHAPTER13 The

cinema of the soul - projections of shadow and light; CHAPTER 14 On the existential edge - when things fall apart; CHAPTER 15 Reclaiming the crone; CHAPTER 16 Do winter buffalo dream of summer meadows?; CHAPTER 17 Making a spectacle of a miracle; CHAPTER 18 Beyond 'being with'?; CHAPTER 19 Power, professions and practice - mutuality and grace in healing work; CHAPTER 20 In a ballroom mirror - reflections on sacred space; CHAPTER 21 The gift of the dead; CHAPTER 22 Getting out when it gets too much - the journey is the goal; CHAPTER 23 Exploring the landscape of the soul; CHAPTER 24 Practice makes perfect; End piece; References; Index

Sommario/riassunto

This is a scholarly exploration of the subject of spirituality and health and is relevant to all health care practitioners and those who support them. Drawing on the author's rich personal experience in the field, his previously published material on the subject in professional journals and a wide range of research and other relevant literature, the book explores a diverse range of themes relevant to the everyday work of the health care practitioner. Is spirituality of any relevance to the work of carers? How is it best integrated? How do we address the spiritual needs of health care staff?
