

1. Record Nr.	UNINA9910817781203321
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Titolo	Anorexia nervosa : a recovery guide for sufferers, families and friends / / Janet Treasure and June Alexander
Pubbl/distr/stampa	London ; ; New York : , : Routledge, , 2013
ISBN	1-134-62083-7 0-415-63367-2 0-203-64019-5 1-134-62076-4
Edizione	[2nd ed.]
Descrizione fisica	1 online resource (342 p.)
Altri autori (Persone)	AlexanderJune <1950->
Disciplina	616.85/262
Soggetti	Anorexia nervosa Consumer education
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Revised edition of Anorexia nervosa / Janet Treasure. 1997.
Nota di bibliografia	Includex bibliographical references (p. 161-170) and index.
Nota di contenuto	section 1. Anorexia nervosa : an overview -- section 2. For sufferers -- section 3. For families, carers and friends -- section 4. Guidelines for professionals.
Sommario/riassunto	<P>The highly respected and widely known <I>Anorexia Nervosa: A Survival Guide for Sufferers and Friends</I> was written in 1997. This long-awaited new edition builds on the work of the first book, providing essential new and updated research outcomes on anorexia nervosa. It offers a unique insight and guidance into the recovery process for those who suffer from an eating disorder as well as advice and information for their loved ones. Written collaboratively by both an expert in the field and someone with personal experience of eating disorders, this book offers exceptional understanding of t