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Nota di contenuto	1. Treatment-resistant major depressive disorder: current definitions, epidemiology, and assessment -- 2. Treatment-resistant bipolar disorder: current definitions, epidemiology, and assessment -- 3. Determinants of treatment resistance: health systems and public policy implications -- 4. The influence of psychiatric and medical comorbidities in treatment resistance for mood disorders -- 5. Predictors of treatment response in major depressive disorder -- 6. Predictors of treatment response in bipolar disorder: lessons from longitudinal studies -- 7. Evidence-based pharmacological approaches for treatment-resistant major depressive disorder -- 8. Evidence-based pharmacological approaches for treatment-resistant bipolar disorder -- 9. Psychosocial management of treatment resistant mood disorders: current evidence -- 10. Electroconvulsive therapy for treatment-resistant mood disorders: current evidence -- 11. Novel non-invasive brain stimulation approaches for treatment-resistant mood disorders -- 12. Vagus nerve stimulation and deep brain stimulation: implantable device-related neurostimulation for treatment-resistant mood disorders -- 13. Novel therapeutic targets for major depressive disorder -- 14. Novel therapeutic targets for bipolar disorder.

Treatment-resistant major depression and bipolar disorder are highly prevalent and disabling conditions associated with substantial morbidity and mortality. Providing a concise view of the current definitions, assessment and evidence-based management of such disorders, this resource reviews novel therapeutic targets, which may enhance the future therapeutic armamentarium of clinicians.
