

1. Record Nr.	UNINA9910817682503321
Titolo	Mindfulness & acceptance for gender & sexual minorities : a clinician's guide to fostering compassion, connection, and equality using contextual strategies // edited by Matthew Skinta, Aisling Curtin ; foreword by John Pachankis
Pubbl/distr/stampa	Oakland, California : , : Context Press, , 2016 ©2016
ISBN	1-62625-429-X
Descrizione fisica	1 online resource (338 pages)
Collana	The Context Press Mindfulness and Acceptance Practica Series
Disciplina	155.3
Soggetti	Sex (Psychology) Gender identity - Psychological aspects Sexual minorities - Psychological aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.