Record Nr. UNINA9910817608303321 Autore Thomas Gillian <1947-> Titolo Counselling and reflexive research in healthcare: working therapeutically with clients with inflammatory bowel disease / / Gillian Thomas Pubbl/distr/stampa London; ; Philadelphia, : Jessica Kingsley Publishers, 2009 **ISBN** 1-84642-842-4 Edizione [1st ed.] Descrizione fisica 1 online resource (179 p.) 362.196/344 Disciplina 616.342 Soggetti Counseling - Research - Methodology Counselor and client Inflammatory bowel diseases - Patients - Counseling of Inflammatory bowel diseases - Psychological aspects Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Description based upon print version of record. Note generali

Includes bibliographical references (p. 167-170) and indexes. Nota di bibliografia Nota di contenuto FRONT COVER; Counselling and Reflexive Research in Healthcare; Working Therapeutically with Clients with Inflammatory Bowel Disease; Contents; Preface; Foreword; Chapter One: Introduction; Chapter Two: Methodology and methods; Chapter Three: A philosophical framework

for researching clients' experiences; Chapter Four: The experience of the counsellor; Chapter Five: Physical, medical and social issues for clients; Chapter Six: Emotional and psychological issues for clients; Chapter Seven: Reflections on reflexive research and ongoing counselling work; Appendices

Appendix 1: Example of the 'problem' assessment sheetAppendix 2: Example of the 'aim' assessment sheet; Appendix 3: Example 1 of 'overall' assessment sheet; Appendix 4: Example 2 of 'overall' assessment sheet; References; Subject Index; Author Index; BACK **COVER**

Sommario/riassunto Written for counsellors working in healthcare settings, this book

> explores the range of benefits of undertaking reflexive research. Gillian Thomas demonstrates how this approach can offer therapeutic benefits by increasing understanding of a condition and the interaction between

the physical and emotional aspects of living with a long term disease.