

1. Record Nr.	UNINA9910817540503321
Titolo	The anthropology of sport and human movement [[electronic resource]] : a biocultural perspective // edited by Robert R. Sands, Linda R. Sands
Pubbl/distr/stampa	Lanham, Md., : Lexington Books, c2010
ISBN	1-282-96693-6 9786612966934 0-7391-4941-5
Descrizione fisica	1 online resource (367 p.)
Altri autori (Persone)	SandsRobert R SandsLinda R
Disciplina	612.7/6
Soggetti	Sports - Anthropological aspects Human mechanics
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Contents; Preface; Acknowledgments; Part 1. FOUNDATIONS; Chapter 1. Anthropology Revisits Sport through Human Movement; Chapter 2. Impact of the Concept of Culture on the Concept of Man; Chapter 3. From Landscapes to Playscapes: The Evolution of Play in Humans and Other Animals; Part 2. EVOLUTION OF HUMAN RUNNING: THE PRECURSOR TO SPORT; Chapter 4. Endurance Predator; Chapter 5. Thermoregulation and Hydrating Strategies in Human Evolution; Chapter 6. Homo cursor: Running into the Pleistocene; Part 3. CULTURE, GENES, RACE, AND PERFORMANCE Chapter 7. Traditional and Modern Running Culture among the Kalenjin of Kenya: A Historical and Anthropological Perspective Chapter 8. Black Like Me: The Shared Origins of Humanity and Why We Are Different; Chapter 9. "White" Men Can't Run: Where is the Scientific Evidence?; Part 4. PAST, PRESENT, AND FUTURE; Chapter 10. The Paleolithic Athlete: The Original Cross Trainer; Chapter 11. When Pain = Strain = No Gain: The "Physiology of Strain" and Exercise Intensity, c. 1850-1920; Chapter 12. Throwing like a Brazilian: On Ineptness and a Skill-Shaped Body

Chapter 13. The DREAM Gene for the Posthuman Athlete: Reducing Exercise-Induced Pain Sensations Using Gene Transfer
Index; Contributors

Sommario/riassunto

The Anthropology of Sport and Human Movement represents a collection of work that reveals and explores the often times dramatic relationship of our biology and culture that is inextricably woven into a tapestry of movement patterns. It explores the underpinning of human movement, reflected in play, sport, games and human culture from an evolutionary perspective and contemporary expression of sport and human movement.