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Titolo	Study smarts : how to learn more in less time // Judi Kesselman-Turkel and Franklynn Peterson
Pubbl/distr/stampa	Madison, : University of Wisconsin Press, c1981
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Edizione	[1st ed.]
Descrizione fisica	1 online resource (x, 85 pages) : illustrations
Collana	The study smart series
Altri autori (Persone)	PetersonFranklynn
Disciplina	371.3/028/1
Soggetti	Study skills Study environment
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Originally published: Lincolnwood, Chicago, Ill. : Contemporary Books, c1981.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Don't Read This; Part I: Learning Tips; 1. Beg, Borrow, or Make a Course Outline; 2. Figure Out What the Goal Is; 3. Learn the Special Vocabulary; 4. Skim Book Prefaces, Intros, and Such; 5. Cut Your Reading Time in Half; 6. Beware the Over-Underlined Textbook; 7. Be Class-Smart: Go Early, Stay Late; 8. Catch the Lecturer's Clues; 9. Learn by Taking Organized Notes; 10. Devise a Lecture Shorthand; 11. Get It Right the First Time; 12. Preview for Lectures, Prethink for Discussions and Seminars; 13. Work Through All Sample Problems; 14. Skim and Pinpoint in Doing Most Outside Reading. 15. If You Don't Understand, Get Help FastPart II: Remembering Tips; 1. Train Your Brain to Think on Cue; 2. Eliminate Brain Interference; 3. Reinforce the Right Memories; 4. Roll with Your Alertness Cycles; 5. Make Sleep Work for You; 6. Space Out Your Practice Times; 7. Make Your Muscles Do the Remembering; 8. See and Say; 9. Never Study Anything the Same Way Twice; 10. Keep Each Study Session Short; 11. Make Time for Study Breaks; 12. Keep Squeezing Your Notes; 13. Keep Memorizing to a Minimum; 14. Let Your Written Homework Do Your Reviewing; 15. Talk It Through with a Study Group