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Conscious Decision"; "The Biology of Risk and Security"; "Adults and Adolescent Risks"; "Chapter 7 - Technology and Drugs: Going beyond Nature"; "Biological Stress"; "Technological Enhancement"; "Drug Support"; "Psychoactive Drugs: A Primer"; "Chapter 8 - The Arts and Humanities: Going beyond Reality"; "Adornment"; "Language, Music, and Dance"; "The Humanities"; "Chapter 9 - Collaboration and Autonomy: Going beyond Adolescence"; "Collaboration"; "The Reach for Autonomy"

"Appendix A: Neurotransmitters and Neural Transmission""Appendix B: The Cerebral Cortex"; "Glossary"; "References and Resources"; "Index"

Sommario/riassunto

Easy-to-understand theories and nontechnical language help educators and parents understand how the teenage brain thinks, feels, learns, and changes on its journey to adulthood.
