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	Nota di contenuto	Congratulations! It's Asperger Syndrome; Contents; To the Reader; Part One; 1. Life at Park Fields; 2. The Cognitive Realm: Understanding My World; 3. Feathers with Everything! Part I; 4. Death Comes to Park Fields; 5. Identity and Boundary Issues; 6. In the Workforce: Part I; 7. Feathers with Everything! Part II; 8. Some Social Situations; 9. Co-ordination Issues; 10. Other Special Skills and Interests; 11. Aunty Hazel: A Story; 12. The Psychiatric Hospital; 13. Asking for Help; 14. In the Workforce: Part II; 15. Married to a Mole; 16. The Training Course; 17. In the Workforce: Part III 18. Feathers with Everything! Part III19. Going to University, and Three Important Friends; Part Two; 20. Revelations; 21. How I Chose a Cat Instead of a Kookaburra! (Or: More Cognitive Issues); 22. Feathers with Everything! Part IV; 23. My Life Now; 24. Some Implications of very Late Diagnosis; 25. The Stone Age Connection; 26. Helpful Hints for others with Asperger Syndrome (and our helpers, and the community in general); Glossary, and Notes on the Maori Language; Bibliography
	Sommario/riassunto	One of the increasing number of people diagnosed with Asperger Syndrome in adulthood, Jen Birch relates her story with humour and honesty, taking us through the years of confusion that led to her diagnosis. Talking positively, Jen aims to use this new-found knowledge to inform others about the syndrome and how life can be

lived to the full.