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Nota di contenuto Preface Acknowledgments Introduction Chapter 1. The Impact of Anger

Aggression and Hostility in Today's Society The Effect of Aggression and Hostility on the Family Resistance and Oppositional Behavior Chapter 2. The Workings of Anger Temperament and Anger Thinking and Anger The Development and Thought Processes Moral Reasoning Appraisal and Expectations: Developing Styles of Angry Thinking Anger and Attachment Anger and the Antisocial Child Chapter 3. Influences on Anger The Development of Anger Media and the Development of Violence Chapter 4. Responses to Anger The Reaction of Anger Resilience Chapter 5. Anger and Emotional Problems Attention-Deficit Hyperactivity Disorder Oppositional Defiant Disorder Conduct Disorders Mood Disorders Suicide Anger and Substance Abuse Chapter 6. Anger in Children and Preteens Hot Thoughts and Cool Thoughts Feelings Cooling Down Anger Plans What If All This Stuff Fails Chapter 7. Anger in Teenagers Adolescents and Behavior Management Contracts Grounding Independence Choose Your Battles Talking It Through the Family It's Not What Is That Matters . . . It's What We Believe Problem Solving Chapter 8. Building on the Positive Strength Building and Positive Role Models Diversity and the Power of Others Values

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Sommario/riassunto

This volume provides parents of angry children with an up-to-date understanding of anger problems. Specific, focused methods of helping angry children are offered, representing a mixture of new ideas & time-tested practice.