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Nota di contenuto	Front Cover -- Title Page -- Copyright Page -- Contents -- Acknowledgments -- Introduction -- Chapter 1: Senior Lifestyle Options -- Active Adult Community -- Independent Living/Retirement Community -- Home Health Care -- Assisted Living -- Long-Term Skilled Care (Nursing) Facility -- Continuing Care Retirement Communities -- Adult Day Care -- Respite Care -- Hospice -- Chapter 2: Introducing the Subject of Long-Term Care -- Assessing the Need for a Lifestyle Change -- The Resistant Resident -- Family Issues -- Advance Medical Directives -- Medical Evaluation -- Mental Health Evaluation -- Geriatric Care Managers -- Chapter 3: Locating the Appropriate Facility or Services -- Doctor Recommendations -- Social Service Provider Recommendations -- Senior Advocacy and Health Care Organizations -- State Ombudsman -- Chapter 4: Evaluating the Facility -- Visiting a Facility -- Nursing Home Compare -- State Offices -- Evaluating Assisted Living Facilities -- World Wide Web -- Chapter 5: Questions to Ask -- Geographical Location -- Preliminary Questions

(before going to visit) -- Licensing and Records of Violations -- Assessments and Care Planning -- Health Care Staff (for nursing home evaluation) -- Aides (for assisted living evaluation) -- Contract Terms and Fees -- Placement Interview/Admission -- Room Placements -- Visitors -- Cleanliness -- Meals -- Special Services -- Quality of Living Space -- Personal Property -- Laundry and Housekeeping -- Disputes and Grievances -- Activities -- Conveniences -- Amenities -- Behavioral Concerns -- Safety -- Security -- Prevention of Abuse -- Emergency Situations -- Pre-Admission and Admission Checklist -- Treatment of Residents Checklist -- Life at the Facility Checklist -- Safety, Sanitary, and Security Concerns Checklist -- Chapter 6: Considering Financial Options -- Private Pay -- Insurance -- Medicare. Medigap -- Medicaid -- Community Organizations -- Veterans Health Administration -- Hill-Burton Facilities -- Chapter 7: Making the Transition -- Orientation -- Resident Assessment -- Written Care Plan -- Family -- Chapter 8: Handling Problems with the Facility -- Residents' Rights -- Grievances -- Abuse -- Conclusion -- Glossary -- Appendix A: State Senior Agencies & -- State Nursing Home Survey Agencies -- Appendix B: State Nurse Aide Registries -- Appendix C: Elder Abuse Reporting Numbers -- Appendix D: State Medicaid Offices -- Appendix E: Additional Resources -- Appendix F: Selected Federal Regulations Relating to Skilled Care Facilities -- Appendix G: Sample State Laws Relating to Assisted Living Facilities & -- CCRCs -- Appendix H: The Nursing Home Reform Act -- Appendix I: Sample Forms -- Index -- About the Author -- Ad Pages -- Sphinx Publishing Order Form -- Back Cover.
