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Autore	Dupuy John <1956->
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	""Integral Recovery: A Revolutionary Approach to the Treatment of Alcoholism and Addiction""; ""Contents""; ""Illustrations""; ""Acknowledgments""; ""Introduction: Why Another Book on Recovery from Addiction?""; ""Chapter 1: Recovery from What?""; ""Chapter 2: The Integral Map""; ""Chapter 3: Stages and Spiral Dynamics""; ""Chapter 4: Working the Lines""; ""Chapter 5: Integrating Healthy States of Consciousness""; ""Chapter 6: Understanding Types""; ""Chapter 7: Bringing It All Together: Integral Recovery Treatment""; ""Chapter 8: Building the Body""; ""Chapter 9: Transforming the Brain"" ""Chapter 10: Healing the Emotions and the Power of the Shadow"" ""Chapter 11: Healing the Spirit""; ""Chapter 12: Practice and the Path to Mastery""; ""Chapter 13: The Family Component""; ""Chapter 14: Relapse Begins When You Stop Practicing""; ""Afterword""; ""Appendix 1: On Becoming an Integral Treatment Provider""; ""Appendix 2: Integral Recovery and the Greater Field of Addiction Treatment""; ""Appendix 3: Integral Recovery: An AQAL Approach to Inpatient Alcohol and Drug Treatment (A Case Study)""; ""Appendix 4: Integral Recovery Twelve Steps""; ""Notes""; ""References""; ""Index""
Sommario/riassunto	Brings Integral Theory to addiction treatment, offering a more holistic vision of recovery and powerful practices for achieving it.