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| 1. Record Nr. | UNINA9910817031703321 |
| Autore | LaMothe Kimerer |
| Titolo | Why We Dance : A Philosophy of Bodily Becoming / / Kimerer LaMothe |
| Pubbl/distr/stampa | New York, NY : , : Columbia University Press, , [2015] ©2015 |
| ISBN | 0-231-53888-X |
| Descrizione fisica | 1 online resource (305 p.) |
| Disciplina | 793.301 |
| Soggetti | Dance - Philosophy Dance - Social aspects |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Nota di bibliografia | Includes bibliographical references and index. |
| Nota di contenuto | Front matter -- Contents -- Acknowledgments -- Why Dance? -- 1. To Dance Is to Matter -- 2. To Dance Is to Evolve -- 3. To Dance Is to Know -- 4. To Dance Is to Be Born -- 5. To Dance Is to Connect -- 6. To Dance Is to Heal -- 7. To Dance Is to Love -- Earth Within -- Notes -- Bibliography -- Index |
| Sommario/riassunto | Within intellectual paradigms that privilege mind over matter, dance has long appeared as a marginal, derivative, or primitive art. Drawing support from theorists and artists who embrace matter as dynamic and agential, this book offers a visionary definition of dance that illuminates its constitutive work in the ongoing evolution of human persons. Why We Dance introduces a philosophy of bodily becoming that posits bodily movement as the source and telos of human life. Within this philosophy, dance appears as an activity that humans evolved to do as the enabling condition of their best bodily becoming. Weaving theoretical reflection with accounts of lived experience, this book positions dance as a catalyst in the development of human consciousness, compassion, ritual proclivity, and ecological adaptability. Aligning with trends in new materialism, affect theory, and feminist philosophy, as well as advances in dance and religious studies, this work reveals the vital role dance can play in reversing the trajectory of ecological self-destruction along which human civilization is racing. |

