

1. Record Nr.	UNINA9910816769103321
Autore	Le Grange Daniel
Titolo	Treating bulimia in adolescents : a family-based approach / / Daniel Le Grange, James Lock
Pubbl/distr/stampa	New York, : Guilford Press, c2007
ISBN	1-281-12382-X 9786611123826 1-59385-671-7
Edizione	[1st ed.]
Descrizione fisica	1 online resource (272 p.)
Altri autori (Persone)	LockJames
Disciplina	616.85/2600835
Soggetti	Eating disorders in adolescence Bulimia - Patients - Family relationships Family psychotherapy Parent and teenager
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 245-254) and index.
Nota di contenuto	Introduction and background information on bulimia nervosa -- Family-based treatment for adolescent bulimia nervosa -- Phase I: initial evaluation -- Session 1: the first face-to-face meeting with the family -- Session 1 in action -- Session 2: the family meal -- Session 2 in action -- the remainder of phase I (sessions 3-10) -- The remainder of phase I in action -- Phase II: helping the adolescent eat on her own (sessions 11-16) -- Phase II in action -- Phase III: adolescent developmental concerns (sessions 17-20) -- Phase III in action -- Summary of a completed case.
Sommario/riassunto	An indispensable clinical resource, this groundbreaking book is the first treatment manual to focus specifically on adolescent bulimia nervosa. The authors draw on their proven approach to treating anorexia nervosa in the family context and adapt it to the unique needs of this related yet distinct clinical population. Evidence-based strategies are presented for helping the whole family collaborate to bring dysfunctional eating behaviors under control, while also addressing co-occurring psychological problems and parent?child relationship conflicts. Highly practica

