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10. "Just So You Know, I Miss You So Bad": The Expression of Life and Loss in the Raps of Two Adolescents in Music Therapy
11. Naming My Story and Claiming My Self;
12. Yo, Can Ya Flow! Research Findings on Hip-Hop Aesthetics and Rap Therapy in an Urban Youth Shelter;
13. Rap Composition and Improvisation in a Short-Term Juvenile Detention Facility;
14. Song Communication Using Rap Music in a Group Setting with At-Risk Youth; Part 3: Rap With Clients in Specific Clinical Settings;
16. Beat It: The Effects of Rap Music on Adolescents in the Pediatric Medical Setting
17. "Must Be the Ganja": Using Rap Music in Music Therapy for Substance Use Disorders
18. "Morphine Mamma": Creating Original Songs Using Rap with Women with Cancer;
19. Rapping Round the System: A Young Black Man's Journey through a High-Security Hospital;
Index

Sommario/riassunto

In perceiving all rap and hip-hop music as violent, misogynistic, and sexually charged, are we denying the way in which it is attentive to the lived experiences, both positive and negative, of many therapy clients? This question is explored in great depth in this anthology, the first to examine the use of this musical genre in the therapeutic context. The contributors are all experienced therapists who examine the multiple ways that rap and hip-hop can be used in therapy by listening and discussing, performing, creating, or improvising. The text is divided into three sections that explor
