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Autore	Mitcheson Luke
Titolo	Applied cognitive and behavioural approaches to the treatment of addiction : a practical treatment guide // Luke Mitcheson ... [et al.]
Pubbl/distr/stampa	Chichester ; ; Malden, MA, : Wiley-Blackwell, 2010
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Edizione	[1st ed.]
Descrizione fisica	1 online resource (242 p.)
Altri autori (Persone)	MitchesonLuke
Disciplina	616.86
Soggetti	Substance abuse - Treatment Compulsive behavior - Treatment Cognitive therapy Behavior therapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	""Applied Cognitive and Behavioural Approaches to the Treatment of Addiction: A Practical Treatment Guide""; ""Contents""; ""About the Authors""; ""Foreword""; ""Preface""; ""List of Abbreviations""; ""Acknowledgements""; ""Chapter 1: Introduction to CBT for Substance Use Problems""; ""Chapter 2: Cognitive and Motivational Theories of Addiction""; ""Chapter 3: Fundamentals of Treatment""; ""Chapter 4: Enhancing Motivation to Change""; ""Chapter 5: Assessment and Introducing CBT to Clients""; ""Chapter 6: Formulation"" ""Chapter 7: Introduction to Substance-related Cognitions and Interventions""""Chapter 8: A Basic Framework for Working with Substance-related Beliefs""; ""Chapter 9: Additional Techniques to Facilitate Cognitive Change""; ""Chapter 10: Behavioural Experiments""; ""Chapter 11: Behavioural Interventions""; ""Chapter 12: Working with Emotions""; ""Chapter 13: CBT and Pathways to Recovery"";

""References""; ""Index""

Sommario/riassunto

This new book offers professionals a practical guide to the psychological treatment of all substance abuse, including tobacco, alcohol, stimulant drugs, cannabis and opiates. It focuses on CBT interventions, which have the strongest evidence base for effectiveness in treating addictive disorders. Written by an author team highly experienced in the treatment of addiction, Applied Cognitive and Behavioural Approaches to the Treatment of Addiction will be accessible to a wide range of professionals, such as specialist nurses, drug counsellors and mental health graduate workers. The author team are all at the South London and Maudsley NHS Trust, UK.

2. Record Nr.

UNINA9910963060503321

Autore

Huis Arnold van

Titolo

Edible insects : future prospects for food and feed security // by Arnold van Huis [and six others]

Pubbl/distr/stampa

Rome : , : Food and Agriculture Organization of the United Nations, , [2013]  
©2013

ISBN

9789251075968  
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Descrizione fisica

1 online resource (201 p.)

Collana

FAO forestry paper, , 0258-6150 ; ; 171

Disciplina

394.12

Soggetti

Edible insects  
Entomophagy  
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Lingua di pubblicazione

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Nota di bibliografia

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Nota di contenuto

Foreword -- Abbreviations -- Authors' preface -- Acknowledgements -- Executive summary -- 1. Introduction -- 2. The role of insects -- 3. Culture, religion and the history of entomophagy -- 4. Edible insects as

a natural resource -- 5. Environmental opportunities of insect rearing for food and feed -- 6. Nutritional value of insects for human consumption -- 7. Insects as animal feed -- 8. Farming insects -- 9. Processing edible insects for food and feed -- 10. Food safety and preservation -- 11. Edible insects as an engine for improving livelihoods -- 12. Economics: cash income, enterprise development, markets and trade -- 13. Promoting insects as feed and food -- 14. Regulatory frameworks governing the use of insects for food security -- 15. The way forward -- References -- Further reading.

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Sommario/riassunto

This book assesses the potential of insects as food and feed and gathers existing information and research on edible insects. The assessment is based on the most recent and complete data available from various sources and experts around the world.

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