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Chapter 10 - A Motivational-Volitional Perspective on Identity Development
Chapter 11 - Free Fantasies about the Future and the Emergence of Developmental Goals; Part III - Resilience and Efficacy across the Life Span; Chapter 12 - Psychological Control in Later Life: Implications for Life-Span Development; Chapter 13 - Intentional Self-Development through Adulthood and Later Life: Tenacious Pursuit and Flexible Adjustment of Goals; Chapter 14 - Successful Development and Aging: The Role of Selection, Optimization, and Compensation
Chapter 15 - Emotional Learning and Mechanisms of Intentional Psychological Change
Chapter 16 - Action Regulation, Coping, and Development; Author Index; Subject Index; About the Contributors

Sommario/riassunto

This text explores the theoretical breadth of models and ideas relevant to action theory. Areas addressed include personal goals, projects, life themes, life planning, cultural agency and historical and social contexts impact developmental patterns.
