

1. Record Nr.	UNINA9910816497803321
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Titolo	Women living Zen : Japanese Soto Buddhist nuns // Paula Kane Robinson Arai
Pubbl/distr/stampa	New York, : Oxford University Press, c1999
ISBN	1-280-47157-3 0-19-534415-4 1-4237-6013-1
Descrizione fisica	1 online resource (xix, 233 pages) : illustrations
Disciplina	294.3/657
Soggetti	Buddhist nuns - Japan Monastic and religious life of women - Japan Monastic and religious life (Zen Buddhism) - Japan Religious life
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 213-226) and index.
Nota di contenuto	Acknowledgments; Contents; Transliteration Guide; Prologue; ONE: Introduction; TWO: Historical Background; THREE: Twentieth-Century Leadership; FOUR: The Monastic Practices of Zen Nuns; FIVE: Motivations, Commitments, and Self-Perceptions; SIX: Conclusion: Innovators for the Sake of Tradition; Endnotes; Appendix A. Questionnaire; Appendix B. Glossary of Japanese Terms; Bibliography; Index
Sommario/riassunto	Using both historical evidence and ethnographic data, Paula Arai shows that nuns were central agents in the foundation of Buddhism in Japan in the 6th century. They were active participants in the Soto Zen sect, and continue to contribute to the advancement of the sect up to the present day.