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Nota di contenuto	Contents; Foreword; Preface; Acknowledgments; 1. THEORETICAL UNDERPINNINGS AND RESEARCH ON EMDR WITH CHILDREN; 2. GETTING STARTED WITH EMDR; 3. EMDR PHASE 1: CLIENT HISTORY AND TREATMENT PLANNING; 4. EMDR PHASE 2: PREPARATION PHASE; 5. EMDR PHASE 3: ASSESSMENT PHASE; 6. EMDR PHASE 4: DESENSITIZATION; 7. EMDR PHASES 5, 6, AND 7: INSTALLATION, BODY SCAN, AND CLOSURE; 8. EMDR PHASE 8: REEVALUATION; 9. EMOTIONAL RESOURCES, COPING SKILLS, AND STRENGTHENING MASTERY EXPERIENCES FOR CHILDREN; 10. TOOLS FOR BLOCKED PROCESSING AND COGNITIVE INTERWEAVES; 11. SPECIALTY TOPICS ON USING EMDR WITH CHILDREN 12. THE FUTURE OF EMDR WITH CHILDREN Appendix I : Consent/Assent for Treatment Form; Appendix II: EMDR Client History/Treatment Planning Form; Appendix III: Child/Adolescent Symptom Monitoring Form; Appendix IV: Safe/Calm Place Protocol for Children Worksheet; Appendix V: Mapping Targets for EMDR Processing; Appendix VI: Graphing EMDR Targets or Symptoms; Appendix VII: Recent Event Protocol for Children; Appendix VIII: Scripts for Assessment, Desensitization, Installation, Body Scan, Closure, and Reevaluation; Appendix IX: Kids' List of Cognitions; Appendix X: EMDR Fidelity Questionnaire References Index

## Sommario/riassunto

In this book the authors present an overview of how therapists can get started in conceptualizing psychotherapy with Eye Movement Desensitization and Reprocessing (EMDR) methodology through Adaptive Information Processing (AIP) theory. The focus of the book is to teach therapists to effectively use the entire EMDR protocol with young children. The first chapter provides a comprehensive overview of how to get started with EMDR after completing basic training. The book continues with chapters that detail the basic skills in using EMDR with children and then transitions to more advanced skills in

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