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5 The Journey Home, Quilt, and Pillow Pal Ceremonies: A Gift of Love
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Sommario/riassunto

Healing War Trauma details a broad range of exciting approaches for healing from the trauma of war. The techniques described in each chapter are designed to complement and supplement cognitive-behavioral treatment protocols-and, ultimately, to help clinicians transcend the limits of those protocols. For those veterans who do not respond productively to-or who have simply little interest in-office-based, regimented, and symptom-focused treatments, the innovative approaches laid out in Healing War Trauma will inspire and inform both clinicians and veterans as the