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Nota di contenuto	Cover; Contents; Part I: INTRODUCTION TO THE MEASUREMENT OF PHYSIOLOGICAL PROCESSES; 1 - Physiological Research Methods in Health Psychology; 2 - Measuring Physiological Processes in Biopsychosocial Research; Part II: PHYSIOLOGICAL SYSTEMS AND ASSESSMENTS; 3 - Measurement of Cortisol; 4 - Sympathetic Hormones in Health Psychology Research; 5 - Assessment of Salivary -Amylase in Biobehavioral Research; 6 - The Measurement of Blood Pressure in Cardiovascular Research; 7 - Cardiovascular Stress Reactivity; 8 - Ambulatory Blood Pressure Monitoring 9 - Noninvasive Assessment of Autonomic Influences on the Heart 10 - Laboratory-Based Measures of Immune Parameters and Function; 11 - Immunological Functioning II; Part III: BROAD MARKERS OF HEALTH AND DISEASE RISK; 12 - Measuring Adiposity in Health Research; 13 - The Measurement of Physical Activity, Physical Fitness, and Physical Function; 14 - Metabolic Syndrome; 15 - Lipid, Lipoprotein, and Inflammatory Markers of Atherosclerosis; 16 - Measurement of Sleep by Polysomnography; 17 - Neuroimaging; 18 - Electroencephalography and Event-Related Potentials 19 - Genetic Factors in Psychophysiological Research About the Editors; About the Contributors

Sommario/riassunto

Designed to serve as a primary reference source for researchers and students interested in expanding their research to consider a biopsychosocial approach, this book provides a thorough, state-of-the-art, and user-friendly coverage of basic techniques for measurement of physiological variables in health psychology research.
