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Titolo	A gastroenterologist's guide to gut health : everything you need to know about colonoscopy, digestive diseases, and healthy eating // David M. Novick
Pubbl/distr/stampa	Lanham, Maryland : , : Rowman & Littlefield, , 2017 ©2017
ISBN	1-4422-7199-X
Descrizione fisica	1 online resource (257 pages) : color illustrations, photographs, tables
Disciplina	616.3/3
Soggetti	Gastrointestinal system - Diseases Gastrointestinal system - Diseases - Diet therapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Introduction -- Diagrams of the gastrointestinal tract, colon, and gallbladder & pancreas -- Preparing for colonoscopy -- Sedation and anesthesia -- The colonoscopy -- Recovery after colonoscopy -- Putting colonoscopy in perspective: the evidence, quality issues, and surveillance intervals -- Colonoscopy: risks, alternatives, and barriers -- Overview of colon cancer -- Diverticulosis and diverticulitis -- Irritable bowel syndrome -- Inflammatory bowel disease -- Clostridium difficile infection, or C-Diff -- Hemorrhoids -- Evaluation of the esophagus, stomach, and small intestine -- Heartburn and reflux -- Disorders of the stomach and small intestine, including celiac disease -- Gallbladder and pancreas -- Hepatitis C -- Cirrhosis and the spectrum of liver disease -- Healthy eating -- How to get the most out of your visit to the doctor.