

1. Record Nr.	UNINA9910816245503321
Autore	Hasson Gill
Titolo	Emotional intelligence pocketbook : little exercises for an intuitive life / / Gill Hasson
Pubbl/distr/stampa	Chichester, [England] : , : Capstone, , 2017 ©2017
ISBN	0-85708-729-0
Edizione	[1st edition]
Descrizione fisica	1 online resource (121 pages)
Disciplina	152.4
Soggetti	Emotional intelligence Educational psychology
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	A practical "how-to" guide to changing the way you think about your emotions Bestselling personal development author Gill Hasson is back with this pocket sized guide to dealing with your emotions. Learn how to understand yourself and those around you with practical tips and tricks that will help you be more assertive, forge stronger relationships and manage anxiety. Did you know that the way you approach your own thoughts and feelings determines your happiness and success in every area of your life? Just think about it for a second, it's not necessarily the smartest people that are the most successful or the most fulfilled in life, being clever or highly skilled isn't enough. Your ability to manage your feelings, other people and your interactions with them are what makes all the difference. This highly practical book is full of advice, tips and techniques to help you: Understand and manage your emotions Become more assertive and confident Develop your social skills and your interactions with others Handle difficult situations, events and other people The Emotional Intelligence Pocketbook is your practical "how-to" guide for understanding yourself and those around you.

2. Record Nr.	UNINA9910483275503321
Titolo	Innovation in Medicine and Healthcare : Proceedings of 8th KES-InMed 2020 // edited by Yen-Wei Chen, Satoshi Tanaka, Robert J. Howlett, Lakhmi C. Jain
Pubbl/distr/stampa	Singapore : , : Springer Nature Singapore : , : Imprint : Springer, , 2020
ISBN	981-15-5852-3
Edizione	[1st ed. 2020.]
Descrizione fisica	1 online resource (219 pages)
Collana	Smart Innovation, Systems and Technologies, , 2190-3026 ; ; 192
Disciplina	610
Soggetti	Computational intelligence Medical informatics Artificial intelligence Computational Intelligence Health Informatics Artificial Intelligence
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Part I: Biomedical Engineering, Trends, Research and Technologies -- Vision Paper for Enabling Internet of Medical Robotics Things in Open Healthcare Platform 2030 -- Stumbling Blocks of Utilizing Medical and Health Data: Success Factors Extracted from Australia-Japan Comparison -- Digital Financial Incentives for Improved Population Health in the Americas -- Part II: Advanced ICT for Medicine and Healthcare -- Trial Run of a Patient Call System using Mobile Devices -- Advance Watermarking Algorithm using SURF with DWT and DCT for CT Images. .
Sommario/riassunto	This book presents the proceedings of the KES International Conferences on Innovation in Medicine and Healthcare (KES-InMed-19), held in Split, Croatia, on June 17–19, 2020. Covering a number of key areas, including digital IT architecture in healthcare; advanced ICT for medicine and healthcare; biomedical engineering, trends, research and technologies; and healthcare support systems, this book is a valuable resource for researchers, managers, industrialists and anyone wishing to gain an overview of the latest research in these fields.

