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Sommario/riassunto	"Using clear and simple exercises adapted for leadership development from the world-renowned Meisner Technique, The Authentic Leader will help you discover first-hand what it means to build your authentic leadership skills in a clear, technical way. Whether you are green in your career or at the head of a nation, an aspiring leader or an educator looking to use this material, this work develops and nourishes powerful leadership in unconventional, effective and dynamic ways"--