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Descrizione fisica	1 online resource (320 p.)
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Soggetti	Children with disabilities - Education Social skills in children Social skills - Study and teaching (Elementary) Social skills - Study and teaching (Middle school)
Lingua di pubblicazione	Inglese
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Note generali	Bibliographic Level Mode of Issuance: Monograph
Nota di contenuto	COVER -- Social Awareness Skills for Children -- Contents -- About the Book -- Introduction -- Communication skills -- Social skills -- Why do we need to teach communication and social skills? -- Why does a child need to learn communication and social skills? -- The aim of the book -- Author's note -- 1 Children with Special Needs -- Professional and Parental Help -- Children with Special Needs -- Pervasive Development Disorder -- Autism -- Asperger Syndrome -- Attention Deficit (Hyperactive) Disorder -- Learning Difficulties -- School phobia -- Suggestions for teachers to help Special Needs and socially incompetent children become socially integrated and to raise their self-esteem -- Protection and nurture of Special Needs and socially incompetent children in school -- Suggested teacher expectations -- Parental help -- How Parents Can Help Raise Their Child's Self-Esteem -- Boost your child's self-esteem -- Give your child encouragement -- Increase your child's self-respect -- Show you care for your child's wellbeing -- Allow your child responsibility over her wellbeing -- Rewarding your child -- Using the book -- Parental use -- Adapt the Course to Suit Your Particular Child -- 2 Improving a Child's

Self-Esteem -- Task:Who Am I? -- Self-Esteem -- Task:My Self-Esteem -- Task: Rewards -- Parental Pages on Rewards and Behaviour -- Note for parents on rewards -- Task:Parents: Positive Behaviour -- Examples of positive behaviour and appropriate responses -- Task:Parents: Dealing with Negative Behaviour -- Totally unacceptable behaviour -- General negative behaviour -- Undesired behaviour -- Task:Parents: Tackling Your Child's Negative Behaviour -- A worrier -- Lazy when effort is needed -- Rude (as in ill mannered) -- Aggressive (See also Chapter 10, 'Anger') -- Bullying -- Task:How to Avoid Big Trouble -- How to observe warnings -- Conclusion.

3 Friends -- Task: All about Friends -- Task:Keeping Friends -- Task: Friendship Groups -- Task: Making New Friends -- Task: Honesty in Friendships -- Task: Being Tactful -- Task:When to be Dishonest -- Task: Friendships that Damage -- Task: The Parent as a Role Model -- Task: Loneliness -- Conclusion -- 4 Roles and Rules -- Task: Roles -- Rules -- Task: Rules in Different Roles -- Task: Rules for Parents -- Task: Personal Rules -- Personal rights -- My Rights -- Conclusion -- My Rights -- 5 Social Rules and Expected Social Behaviour -- Task: Table Manners -- Parental Pages on Table Manners -- Task: Social Rules -- Task: Behaviour and Roles -- Task: Behaviour and Rules -- Conclusion -- 6 Introducing Body Language -- Task: Learning about Body Language -- Eye contact -- Facial expressions -- Body gestures -- Hand gestures -- Posture -- Using the voice -- Timing: Pauses and silences -- Proximity -- Use of space -- Conclusion -- 7 Using Body Language -- Task: Using Body Language -- Task: Role-Play: Politeness and Polite Body Language -- Task: Rude Body Language -- Task:When Can a Child be Rude? -- Role-plays and acting -- Task: Role-Plays and Acting -- Reading subtle body language messages -- Task: Role-Plays and Guessing the Message -- Task: Role-Play: Hiding Certain Body Language Messages -- Cultural differences in social behaviour -- Conclusion -- 8 Assertiveness -- Task: Aggressiveness, Passivity and Assertiveness -- Task: Saying 'No' -- Task: Standing up for, and Protecting, Others -- Task: Protecting Yourself -- Task: Dealing with Put-Downs -- Task: Self Put-downs -- Task: Dealing with Criticism -- Task: Giving Criticism -- Conclusion -- 9 Handling Feelings -- Task: Exploring Feelings -- Task: Feelings and Friendships -- Task: Describing Feelings -- Task: Controlling Your Feelings -- Task: Letting Feelings Out -- Task: Showing Your Gentler Feelings.

Task: Shyness -- Task: Shyness Action Plan -- Task: Role-Plays: Overcoming Shyness -- Parental Pages on Shyness -- Task:Parents: Shyness and Self-Confidence -- Action plan for parents to boost their child's confidence in social situations -- Conclusion -- 10 Anger -- Task: Understanding Anger -- Task: Angry People -- Task: Your Anger -- Parental Pages on Anger -- Things you can do to bring your anger under control -- Task:Parents:Role-Play: Practise at Managing Your Anger -- Conclusion -- 11 Social Situations -- Task: Role-Play: Greetings -- Task: Rules for Greetings -- Task: Rules for Specific Social Situations -- Task: Role-Plays -- Task:Telephones -- Receiving calls -- Making calls -- Task: Tact -- Task:Tact in Bypassing the Awful -- Conclusion -- 12 Social Safety -- Parental Pages on Social Safety -- Task:Parents: Personal Safety Rules -- Task:Parents: Contingency Plans -- Task:Parents:Telephone Safety -- Task:Parents: Computer Safety -- Task:Parents:Out and About -- Conclusion -- 13 Communication Skills for Improving the Quality of the Child's Relationships -- Task: Communicating with Different People -- Task: Understanding Needs and Learning to Negotiate -- Task: Understanding the Other's Point of View -- Task: Don't Expect People to Guess Your Needs -- Task: Feedback -- Positive feedback -- Negative feedback -- Task: Feedback

Role-Plays -- Task: Making Conversation -- Task: Role-Play: Making Conversation -- Conclusion -- 14 The Art of Gifts and Compliments -- Task: Receiving Gifts -- Task: Receiving Gifts and Body Language -- Task: Role-Plays: Receiving Gifts -- Task: How to React When the Gift is for Someone Else -- Task: Giving Gifts -- Task: Giving Gifts and Body Language -- Task: Role-Plays: Giving Gifts -- Task: Receiving Compliments -- Task: Giving Compliments -- Task: Non-Compliments. Task: Finding Something to Say When You Can't Compliment -- Conclusion -- 15 Helping and Caring Skills -- Task: Role-Plays: Listening Skills -- Task: Role-Play: Reporting Back -- Task: Helping a Friend in Trouble -- Rules for listening to troubles -- Task: Extension Role-Play: Basic Counselling Skills -- Basic counselling rules -- Task: When to Say 'No' to Problems -- Parental Pages on Helping and Caring Skills -- Dealing with a friend's bereavement -- Task: Exercise for Parents -- Conclusion -- Summary -- Parental Pages: Suggestions to Reinforce the Course.

Sommario/riassunto

Csoti emphasises the benefits of learning communication and social skills for children with special needs, including better friendships and self-esteem. The numerous tasks and practical examples enable parents, professionals and carers to work with children on improving their social skills and awareness, and respecting themselves and other people.
