

1. Record Nr.	UNINA9910816031103321
Titolo	Ethnobotany in the new Europe : people, health, and wild plant resources // edited by Manuel Pardo-de-Santayana, Andrea Pieroni, and Rajindra K. Puri
Pubbl/distr/stampa	New York, : Berghahn Books, 2010
ISBN	1-78238-125-2 1-282-66236-8 9786612662362 1-84545-814-1
Edizione	[1st ed.]
Descrizione fisica	1 online resource (408 p.)
Collana	Studies in environmental anthropology and ethnobiology
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Disciplina	581.6/3094
Soggetti	Human-plant relationships - Europe Ethnobotany - Europe Medicinal plants - Europe Plants and civilization - Europe
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Table of Contents; List of Figures; List of Tables; List of Appendices; Chapter 1 - The Ethnobotany of Europe; Chapter 2 - People and Plants in Lepushe; Chapter 3 - The Cultural Significance of Wild-gathered Plant Species in Kartitsch; Chapter 4 - Local Innovations to Folk Medical Conditions; Chapter 5 - Awareness of Scarcity of Medicinal Plants in Roussenski Lom; Chapter 6 - 'My Doctor Doesn't Understand Why I Use Them'; Chapter 7 - Wild Food and Medicinal Plant Knowledge in Northeastern Portugal; Chapter 8 - The Use of Wild Edible Plants in the Graecanic Area in Calabria, Southern Italy Chapter 9 - The Ecology and Use of Edible Thistles in Evora, Portugal Chapter 10 - Spring is Coming; Chapter 11 - Plants as Symbols in Scotland Today; Chapter 12 - The Botanical Identity and Cultural Significance of Lithuanian Jovaras; Chapter 13 - Norway's Rosmarin in Past and Present Tradition; Chapter 14 - Chamomiles in Spain; Chapter

Sommario/riassunto

The study of European wild food plants and herbal medicines is an old discipline that has been invigorated by a new generation of researchers pursuing ethnobotanical studies in fresh contexts. Modern botanical and medical science itself was built on studies of Medieval Europeans' use of food plants and medicinal herbs. In spite of monumental changes introduced in the Age of Discovery and Mercantile Capitalism, some communities, often of immigrants in foreign lands, continue to hold on to old recipes and traditions, while others have adopted and enculturated exotic plants and remedies into t
