

1. Record Nr.	UNINA9910815944903321
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Titolo	Public health and aging : maximizing function and well-being // Steven M. Albert and Vicki A. Freedman
Pubbl/distr/stampa	New York, : Springer, 2010
ISBN	1-282-45029-8 9786612450297 0-8261-2152-7
Edizione	[2nd ed.]
Descrizione fisica	1 online resource (446 p.)
Altri autori (Persone)	Freedman Vicki A
Disciplina	362.198/97
Soggetti	Community health services for older people Preventive health services for older people Older people - Medical care Public health
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Contents; Preface; 1 Introducing Public Health and Aging; Essential Services of Public Health; What Is Aging?; Chronological vs. Biological Aging; Senescence vs. Disease; Aging and "Social Age"; Five Faces of Aging; The Robust Elder; The Frail Elder; The Elder With Dementia; The Dying Elder; The Compensating, Adaptive Elder; Healthy vs. Successful vs. Optimal Aging; How the First 50 Years Matter for Health Risks in the Second 50 Years: Three Illustrations; Entry Into Late Life With Lower Cognitive Reserve; Entry Into Late Life With Differences in Physical Reserve Early and Midlife Influences on Late-Life Disability Trends The Domains of Public Health and Healthy Aging; Population Aging and the Goals of Public Health: Beyond Disease Prevention and Health Promotion; Summary; 2 Population Aging: Demographic and Epidemiologic Perspectives; Measures of Population Aging; The Demographic Transition; The Demographic Transition and Declining Death Rates; The Demographic Transition and Increasing Life Expectancy; The Epidemiologic Transition and Shifting Causes of Death; Why Population Aging Matters; Shifting Health Care Needs of the Population

Emergence of the Oldest Old in America Summary; 3 The Aging and Public Health Systems: Building a Healthy Aging Network; Parallel "Health Care Workforces" for the Aged; Attempts to Bridge the Parallel Systems of Elder Health Service Delivery; The Challenges of Bridging the Aging Services and Health Department Networks: A Case Study; Efforts to Develop Healthy Aging Networks; The Challenges of Standardizing Measurement in Healthy Aging Interventions: A Case Study; Promoting Healthy Aging: Alternative Community-Based Approaches; Estimating Aging Services Network Challenges in the Community Summary 4 Chronic Disease in Older Adults; Common Population-Based Measures of Illness and Disease; Prevalence; Incidence; Comparing Prevalent, Debilitating, and High-Mortality Conditions; Comorbidity, Multimorbidity, and Self-Care; The State of Health Promotion and Chronic Disease Prevention for Older Adults; The U.S. Preventive Services Task Force; Older Adults and the Influenza Vaccine; Criteria for a Public Health Program; Medicare and Financing of Preventive Care in an Aging Society; Medicare's Basic Benefit Structure; Growing Emphasis on Prevention Medicare's Fiscal Health and Disability and Disease Prevention Promoting Chronic Disease Management in Later Life; Geriatric Evaluation and Management; Making Patients and Families Partners in Medical Care; Avoiding Inappropriate Medication Use and Managing Polypharmacy; Summary; 5 Disability and Functioning; The Language of Disability; The International Classification of Functioning, Disability and Health (ICF); The Nagi Model of Disablement; The Measurement of Disability; Centrality of the Activities of Daily Living in Measuring Late-Life Disability Difficulties in Measuring Activity Limitations Among Older Adults

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Sommario/riassunto

The health care industry has continued its efforts to promote health and prevent disease among elderly populations. In this book, however, the authors argue that simple health promotion and disease prevention are not enough to address the many challenges of aging—whether it entails being physically frail, living with dementia, or approaching death. Instead, the unique focus of this groundbreaking text centers on maximizing function and well-being for the elderly. This book promotes the development and maintenance of optimal physical, mental, and social functioning, irrespective of acquired dis

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