

1. Record Nr.	UNINA9910815932503321
Autore	Keegan Kyle <1975->
Titolo	Chasing the high : a firsthand account of one young persons experience with substance abuse // by Kyle Keegan, with Howard B. Moss
Pubbl/distr/stampa	Oxford ; ; New York, : Oxford University Press, 2008
ISBN	0-19-773487-1 0-19-029547-3 1-281-37472-5 9786611374723 0-19-804295-7
Edizione	[First edition.]
Descrizione fisica	1 online resource (187 pages)
Collana	The Annenberg Foundation Trust at Sunnylands' adolescent mental health initiative
Altri autori (Persone)	MossHoward
Disciplina	616.86092 B
Soggetti	Substance abuse - United States Recovering addicts - United States
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	"The Annenberg Public Policy Center of the University of Pennsylvania."
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	The history behind Chasing the high -- What to expect from this book -- Crash and rescue -- Above the city, steeped in misery -- Back from the edge -- Substance abuse and addiction defined -- Addiction is a disease -- A hellish journey -- The early days of using -- My not-so-shady past -- A forbidden sip -- One puff leads to another -- My uncertain future -- Heroin -- A rite of passage versus the slippery slope to addiction -- The ride down that slope -- Who becomes addicted, who does not, and why? -- The noose tightens -- A moment of truth, and then denial -- First shot at detoxification -- Learning the life of an addict -- Desperate moves -- Returning to an unfamiliar home -- "This is your brain on drugs" -- Different types of drugs of abuse -- Trying to get help -- Overconfidence and denial : do not mix -- A minor arrest -- A major arrest -- Up, down, up, down : the saga of addiction continues -- A crucial turning point -- Substance abuse treatment : what to expect -- Treatment of co-occurring mental disorders -- Recovery -- What does recovery mean for you? -- If a

relapse occurs-- -- Looking back, looking ahead -- "Real" recovery is whatever works for us.

Sommario/riassunto

In this work for young people who are struggling with substance abuse, Kyle Keegan recounts his own story of drug abuse and ruthless addiction. Keegan, now an adult who is in recovery, discusses his experience as a well adjusted adolescent who fell victim to heroin and whose life was almost destroyed by the drug.
