Record Nr. UNINA9910815810403321 Autore Brown Thomas E. <1942-, > Titolo A new understanding of ADHD in children and adults: executive function impairments / / Thomas E. Brown New York:,: Routledge,, 2013 Pubbl/distr/stampa **ISBN** 0-415-81425-1 1-135-07946-3 0-203-06753-3 1-135-07947-1 Descrizione fisica 1 online resource (xvi, 192 pages): illustrations Collana Gale eBooks Classificazione PSY007000PSY022010PSY028000 Disciplina 618.92/8589 Attention-deficit hyperactivity disorder Soggetti Attention-deficit disorder in adults Mental illness Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Bibliographic Level Mode of Issuance: Monograph Note generali Nota di bibliografia Includes bibliographical references and index. Nota di contenuto 1. 35 myths about ADHD and why they are wrong -- 2. A new paradigm for an old disorder: ADHD as impaired executive functions -- 3. What research reveals about the causes and unfolding nature of ADHD -- 4. How the new model changes assessment of ADHD in children and adults -- 5. How treatments for ADHD affect the brain and improve executive functions -- 6. Why many learning and psychiatric disorders so often co-occur with ADHD. "For over 100 years, ADHD has been seen as essentially a behavior Sommario/riassunto disorder. Recent scientific research has developed a new paradigm which recognizes ADHD as a developmental disorder of the cognitive management system of the brain, its executive functions. This cuttingedge book pulls together key ideas of this new understanding of ADHD, explaining them and describing in understandable language scientific research that supports this new model. It addresses questions like: -Why can those with ADHD focus very well on some tasks while having great difficulty in focusing on other tasks they recognize as important? - How does brain development and functioning of persons with ADHD

differ from others?- How do impairments of ADHD change from

childhood through adolescence and in adulthood?- What treatments help to improve ADHD impairments? How do they work? Are they safe?- Why do those with ADHD have additional emotional, cognitive, and learning disorders more often than most others?- What commonly-held assumptions about ADHD have now been proven wrong by scientific research? Psychiatrists, psychologists, social workers, and other medical and mental health professionals, as well as those affected by ADHD and their families, will find this to be am insightful and invaluable resource.