

1. Record Nr.	UNINA9910815574903321
Autore	Barrett-Lennard Godfrey T
Titolo	Carl Rogers' helping system : journey and substance // Godfrey T. Barrett-Lennard
Pubbl/distr/stampa	Los Angeles ; ; London, : SAGE Publications, 1998
ISBN	1-4462-2412-0 1-4462-6407-6 1-283-88148-9 0-7619-5676-X
Edizione	[1st ed.]
Descrizione fisica	1 online resource (xi, 415 p.)
Disciplina	616.89/14
Soggetti	Client-centered psychotherapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	Cover; Contents; Preface; Part I - Carl Rogers and His Milieu; Chapter 1 - The Beginnings of Client-Centred Therapy; The 'Growing' of the Founder of Client-Centred Therapy; Early Professional Challenges: Steps, Direction, Style; Nondirective Client-Centred Therapy is Born; Chapter 2 - A Time of New Pathways: Twenties Dissonance to New Deal Dawn; The Twenties, and Fuelling of the Great Depression; The Depression Era, Roosevelt, and Reform; Literary Voices of the Thirties: Envisioning Human and Societal Nature; Chapter 3 - New Paths in Step: Roosevelt's Way/Rogers' Advance Roosevelt as Leader: Peacetime Management and Preparation for War Tracing the Roosevelt-Rogers 'Connection'; War for Peace: Vision and Process process; special needs and the new therapy; Part II - The New Vision Unfolding; Chapter 4 - Contours of the School Phase of Client-Centred Therapy; Rogers' Counselling Centre: Embodiment and Base for Innovation; The Client-Centred School Evolving: Ten Landmark Features; Chapter 5 - Human Nature, Personality and Change: Theoretical Foundations of the Client-Centred System; General Orientation to Human Nature and Knowing; The Human Organism; The Self Dimensions of Therapy and Personal Facilitation Experiencing and the Personal Process Continuum; Gendlin's Theory of Change; Part III -

Principles in Practice; Chapter 6 - The Helping Interview; Sharing Initiative and Responsibility in the Interview; Experiential Responding and Immediacy; Active Listening and Empathy; Beyond the Explicit: Empathic Inference, Intuition and Imagery; Warmth and Caring, Without Conditions; Congruence, Openness, Transparency; Conclusion; Chapter 7 - The Course of Therapy; Therapy as a Natural Progression; The Phases of Therapy; Concluding Implications  
Chapter 8 - The Helping Process with Children and Families Child Play Therapy; Filial Therapy; Marital Counselling and Couple Therapy; Family Relationship Therapy; Current Trends and Overview; Chapter 9 - Group Encounter and Therapy; Client-Centred Group Psychotherapy - From Hobbs to Beck; Experiential Learning Encounter Groups: Nature and Process; Engendering Self-Helping Groups: Facilitation in Absentia; Directions - in Conclusion; Chapter 10 - Wellness, Education, and Parenting; Well-Functioning Persons and Relationships; Student-Centred Teaching and Education: Principles and Process  
Child-, Family- and Person-Centred Parenting Concluding Note; Chapter 11 - Leadership, Large Groups, Community, Conflict Resolution; Group- and Person-Centred Leadership and Administration; Large-Group Learning and the Search for Community; Toward a Theory of Community; Conflict Resolution and Peace Processes; In Conclusion: Other Applications; Part IV - Research; Chapter 12 - The Search for Order and Effects; The Course of Research on Client-Centred Therapy; Discerning the Pattern of the Discourse of Therapy; The Study of the Changing Self: Effects of Adult Therapy  
Research in Group and Child Therapy

---

Sommario/riassunto

In this guide to a person-centred therapy from its earliest beginnings to the present day, the author charts its origin and development, its central concepts and the key figures within the movement.

---