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Nota di contenuto	Endorsements; Asperger Syndrome(Autism Spectrum Disorder) and Long-Term Relationships; Foreword ; Acknowledgments; Preface; 1. One Day I Woke Up; 2. What does Asperger Syndrome (Autism Spectrum Disorder) Look Like in an Adult?; What is Asperger Syndrome (Autism Spectrum Disorder)?; Diagnostic criteria; Diagnostic Criteria for 299.00 Autism Spectrum Disorder; Understanding the updated DSM-5; Is Asperger Syndrome (Autism Spectrum Disorder) prevalent?; The adult population; Misdiagnosis; What causes Asperger Syndrome (Autism Spectrum Disorder)?; Is there a cure? The adult ASD-linked long-term relationshipWhat it looks like-written by aN NT partner; What it feels like-written by a partner with ASD; 3. The Full Realization; The initial diagnosis; Reaction to the diagnosis; Denial; The hidden condition; Is it a disability?; People's judgments; The ultimate tool; Kicking the normalcy habit; The flip side of the coin; A paradigm shift; 4. Diagnostic Criteria A: Persistent Deficits in Social Communication and Interaction; What it may look like: Social reciprocity; Implications and solutions: Social reciprocity; Learning unimpaired social interaction What it may look like: Emotional reciprocityImplications and solutions: Emotional reciprocity; Give and take; Forgive and forget; The irony of codependency; What it may look like: Sharing interests; Implications and solutions: Sharing interests; Isolation; Intentional hurt; What it may look like: Failure to initiate or respond to social interactions;

Implications and solutions: Failure to initiate or respond to social interactions; Appearance of withdrawal; What it may look like: Eye contact; Implications and solutions: Eye contact; Trust; What it may look like: Body language
Implications and solutions: Body language Clumsiness; Executive function and dyspraxia; The parent-child trap; What it may look like: Gestures; Implications and solutions: Gestures; Mindblindness; Reading people; What it may look like: Facial expressions; Implications and solutions: Facial expression; Faceblindness; What it may look like: Relationships ; Implications and solutions: Relationships; Bullying/teasing; Bonding; What it may look like: Sharing enjoyment; Implications and solutions: Sharing enjoyment; Sex; Babies; Children
5. Diagnostic Criteria B: Restricted, Repetitive Patterns of Behavior What it may look like: Repetitive movements; Implications and solutions: Repetitive movements; What it may look like: Routines; Implications and solutions: Routines; Flexibility; Changing; What it may look like: Fixated interest; Implications and solutions: Fixated interest; Employment; What it may look like: Sensory dysfunction; Implications and solutions: Sensory dysfunction; Sensory pleasure as a crucial part of relationships; Meltdowns; 6. Diagnostic Criteria C: Symptoms Present in Early Development
What it may look like: Language through the lifespan

Sommario/riassunto

Fully updated for DSM-5, the new edition of Ashley Stanford's bestselling book continues to offer invaluable relationship guidance to couples where one or both partners are on the autism spectrum. By exploring Asperger/ASD traits step-by-step, the book emphasizes the value of understanding and offers solutions that have worked for other couples.
