1. Record Nr. UNINA9910815444003321 Autore Gunderson Jeffrey Titolo Fixin' fish: a guide to handling, buying, preserving, and preparing fish // Jeffrey Gunderson; illustrated by Leanne Alexander-Witzig Pubbl/distr/stampa Minneapolis, : University of Minnesota Press for the University of Minnesota Sea Grant Extension Program, c1984 **ISBN** 0-8166-5529-4 0-8166-1333-8 Edizione [2nd ed.] Descrizione fisica 1 online resource (65 pages) Disciplina 641.3/92 Cooking (Fish) Soggetti Fish as food Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Description based upon print version of record. Note generali Includes bibliography: p. 55-56. Nota di bibliografia Nota di contenuto Contents; Nutrition and Economics: Why eat Fish?; Maintaining Quality: Get the Best from your Catch: Freezing fish: Fishcicles: Filleting techniques: Cutting up in style; Scoring, flaking, grinding: A bone to pick; Fish jerky: Dry it, you'll like it; Salting fish: Salt it away; Canning fish: Put a lid on it; Pickling fish: Put your fish in a pickle; Making caviar: A touch of ""roe-mance""; Smoking techniques: Where there's smoke; Building a smoker: Engineering a smokehouse; Basic fish cookery: Fixin' fish; Parasites: Are the fish good enough to eat?; Bibliography Sommario/riassunto Fixin' Fish was first published in 1984. Minnesota Archive Editions uses digital technology to make long-unavailable books once again accessible, and are published unaltered from the original University of Minnesota Press editions. Whether you catch it yourself or buy it, fish can be a delicious, nutritious meal or an experience you'd rather forget.

flavor requires careful handling.

Because fish are delicate and perishable, preserving their fresh-caught