Record Nr. UNINA9910815283203321 Psychodynamic psychotherapy in South Africa: contexts, theories and **Titolo** applications / / edited by Cora Smith, Glenys Lobban and Michael O'Loughlin [[electronic resource]] Johannesburg:,: Wits University Press,, 2013 Pubbl/distr/stampa **ISBN** 1-86814-604-9 Descrizione fisica 1 online resource (xi, 292 pages) : digital, PDF file(s) Disciplina 616.8914 Soggetti Psychodynamic psychotherapy Psychodynamic psychotherapy - South Africa Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Title from publisher's bibliographic system (viewed on 09 May 2018). Nota di bibliografia Includes bibliographical references and index. Nota di contenuto SECTION 1: Subjectivity and identity -- 1. Naming and otherness: South African intersubjective psychoanalytic psychotherapy and the negotiation of racialised histories / Sally Swartz -- 2. Raising the colour bar: exploring issues of race, racism and racialised identities in the South African therapeutic context / Yvette Esprey -- 3. Subjectivity and identity in South Africa today / Glenys Lobban -- SECTION II: Traumatic stress -- 4. Psychotherapy and disrupted attachment in the aftermath / Cora Smith -- 5. Traumatic stress, internal and external: what do psychodynamic perspectives have to contribute? / Gill Eagle --SECTION III: Social issues -- 6. Unconscious meaning and magic: comparing psychoanalysis and African indigenous healing / Gavin Ivey -- 7. Intimate partner violence in post-apartheid South Africa: psychoanalytic insights and dilemmas / Tina Sideris -- 8. Serial murder and psychoanalysis in South Africa: teasing out contextual issues amid intrapsychic phenomena in two case studies / Giada del Fabbrao -- 9. Some psychoanalytic reflections on a project working with HIV orphans and their caregivers / Vanessa Hemp -- 10. Reclaiming genealogy. memory and history: the psychodynamic potential for reparative therapy in contemporary South Africa / Michael O'Loughlin. Psychoanalysis as a long term modality is inaccessible to the average Sommario/riassunto

South African. In this book the authors describe how psychoanalytically orientated or psychodynamic psychotherapy can be practiced as a

short-term endeavour and applied to contemporary issues facing the country. Psychodynamic work is currently undertaken by clinical psychologists, therapists, clinicians, trainers, teachers, clinical supervisors, consultants and researchers working in university settings, state hospitals, community projects, private practice and research. The debates, clinical issues, therapeutic practice and nature of research covered in the book are widely representative of the work being done in the country. The need for shorter term therapy models and evidencebased interventions is as acute in global practice as it is locally. The lessons learned in South Africa have broader implications for international practitioners, and the authors stress the potential inherent in psychoanalytic theory and technique to tackle the complex problems faced in all places and settings characterised by increasing globalisation and dislocation. The book is structured in three main sections. Psychodynamic Psychotherapy in South Africa is aimed at local and international practitioners and students, while non-specialist readers will find the text informative and accessible.