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Sommario/riassunto	The chapters in this book have their origins in papers presented at one of two conferences organised by the Global Science and Technology Forum (GSTF): the Annual International Conference on Human Resource Management and Professional Development (HRM and PD) 2012, and the Annual Conference on Cognitive and Behavioural Psychology (CBP) 2013, both held in Singapore. On the basis of these presentations, authors were invited to re-work their papers to fit within the theme of ""enhancing human perf...