| Autore | UNINA9910815141503321 Sharoff Kenneth |
|---|--|
| Titolo | Coping skills manual for treating chronic and terminal illness / / Kenneth Sharoff |
| Pubbl/distr/stampa | New York, NY, : Springer Pub. Co., c2004 |
| ISBN | 1-281-96427-1 9786611964276 0-8261-2274-4 |
| Edizione | [1st ed.] |
| Descrizione fisica | 1 online resource (83 p.) |
| Disciplina | 362.196/044 |
| Soggetti | Chronic diseases - Psychological aspects Terminal care Cognitive therapy Adjustment (Psychology) Terminally ill - Mental health |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | Description based upon print version of record. |
| | |
| Nota di bibliografia | Includes bibliographical references (p. 74-76). |
| Nota di bibliografia Nota di contenuto | Contents; 1. Introduction; 2. Theory of Pathology and Health; 3. Irrational Strategies for Disease; 4. The Cognitive Restructuring Option; 5. Assessment of Adjustment; 6. Treating the Response to Suffering; 7. Identification and Self-Esteem Management; 8. Tolerance Skills; 9. Accommodation Skills; 10. Treatment of Bitterness; References |

1.