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Nota di contenuto	Contents; Preface; 1 Being and Becoming; 2 Awareness; 3 Discovering the Self; 4 Meaning and the Self; 5 Challenge and Threat; 6 The Body: Vehicle of the Field; 7 Time and Opportunity; 8 Goals, Techniques, and Values; 9 Human Capacities; 10 Learning and Change; 11 Self-Actualization and Health; 12 Troubled Selves; 13 Some Implications for Human Relationships; 14 Organizations as Living Things; 15 Field Theory in Historical Perspective; 16 The Exploration of Meaning in Research; Epilogue: Criteria for a Perceptual Psychology; References; Index
Sommario/riassunto	Dr. Combs updates his groundbreaking Field Theory of personality. This model grows out of Carl Rogers' ideas on client-centered therapy and has long been a major influence on theories of psychotherapy and personality within the humanistic and phenomenological traditions. Here Dr. Combs ties field psychology to the paradigm shifts in biophysical sciences, and so provides a unifying frame of reference for all branches of psychology. His concise approach to the topic makes this book of practical interest to students, clinical psychologists and counselors, as well as academics teaching upper-level