

1. Record Nr.	UNINA9910793323403321
Autore	Richer Alice C.
Titolo	Food allergies and sensitivities : your questions answered // Alice C. Richer
Pubbl/distr/stampa	Greenwood, , 2019 New York : , : Bloomsbury Publishing (US), , 2023
ISBN	979-84-00-65221-9 979-82-16-08543-0 1-4408-5635-4
Edizione	[1st ed.]
Descrizione fisica	1 online resource (xxiv, 129 pages)
Collana	Q&A Health Guides
Disciplina	616.975
Soggetti	Health & personal development Food Intolerance Food Hypersensitivity Food intolerance Food allergy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Series Foreword Introduction Guide to Health Literacy Common Misconceptions about Food Allergies and Sensitivities <b>Questions and Answers</b> Incidence and Diagnosis of Food Allergies, Intolerance, and Sensitivities 1. What is a food allergy? 2. What is a food intolerance? 3. What is a food sensitivity? 4. What are the signs and symptoms of a food allergy? 5. What are the signs and symptoms of food intolerance? 6. What are the signs and symptoms of food sensitivity? 7. How are food allergies diagnosed? 8. How are food intolerances diagnosed? 9. How are food sensitivities diagnosed? 10. What causes food allergies? 11. What causes food intolerances? 12. What causes food sensitivities? 13. Is there an environmental connection among the development of food allergies, intolerances, and sensitivities? 14. Are food allergies, sensitivities, and intolerances permanent? 15. Are certain groups of individuals more susceptible to negative food reactions? 16. What is the prevalence of food allergies in the United States and in the world? 17. Are food allergies and negative

reactions to foods on the rise? Treatment of Food Allergies, Intolerances, and Sensitivities and Prevention 18. How are food allergies treated? 19. How are food intolerances treated? 20. How are food sensitivities treated? 21. What is an emergency treatment plan for severe allergic reactions? 22. What are the pros and cons of banning allergenic foods from schools or public places? Managing Nutrition and Food Reactions in the Real World 23. How does an individual stay healthy and manage their diet when one or more food groups must be eliminated from the daily diet? 24. Can an individual eat out in restaurants, at school, or in public places without fear? 25. How does an allergic individual navigate the supermarket safely? 26. Do food allergies, intolerances, and sensitivities have an impact on the emotional health of the individual and their family? 27. Are there support groups available for individuals with food allergies, sensitivities, or intolerances? 28. What resources are available to individuals with food allergies, sensitivities, and intolerances that can help them manage their daily life and meals more easily? The Past and Future: Food Allergy History, Current Research, and New Possibilities 29. How were food allergies first discovered? 30. How were food sensitivities and food intolerances first distinguished from food allergies? 31. What is the history of diagnosis methods for food allergies, intolerances, and sensitivities? 32. What is currently being done to improve food allergy testing and diagnosis methods? 33. What is current research discovering about food allergies, intolerances, and sensitivities? Case Studies Glossary Directory of Resources Index About the Author

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## Sommario/riassunto

**An easy-to-understand introduction to food allergies, sensitivities, and intolerances—unique but related conditions affecting many children and adults. The information, guidance, and resources offered make this a valuable tool for anyone struggling with negative reactions to certain foods.** While many people think that any negative reaction after eating a food indicates an allergy, that's not the case. True food allergies, along with more common food intolerances and sensitivities, can produce a wide range of symptoms, from unpleasant bloating to life-threatening anaphylactic shock. What causes these conditions, and how can they be treated or managed? Why are certain foods, like peanuts and milk, more problematic than others? Why are food allergies on the rise, and is this only a problem in the industrialized world? *Food Allergies and Sensitivities: Your Questions Answered*, a part of Greenwood's **Q&A Health Guides** series, answers these and other questions related to this fascinating topic. Each book in this series follows a reader-friendly question-and-answer format that anticipates readers' needs and concerns. Prevalent myths and misconceptions are identified and dispelled, and a collection of case studies illustrates key concepts and issues through relatable stories and insightful recommendations. The book also includes a section on health literacy, equipping teens and young adults with practical tools and strategies for finding, evaluating, and using credible sources of health information both on and off the internet—important skills that contribute to a lifetime of healthy decision-making.

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2. Record Nr.	UNINA9910814894303321
Autore	Chudacoff Howard P.
Titolo	Changing the playbook // Howard P. Chudacoff
Pubbl/distr/stampa	Urbana, [Illinois] : , : University of Illinois Press, , 2015 ©2015
ISBN	0-252-09788-2
Descrizione fisica	1 online resource (xii, 198 pages)
Collana	Sport and Society
Classificazione	SPO019000EDU015000
Disciplina	796.04/3
Soggetti	College sports - United States College sports - Social aspects College sports - Moral and ethical aspects College sports - Economic aspects College athletes - United States Education, Higher - Aims and objectives - United States
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Abolishing the Sanity Code and launching the modern college sports establishment -- Integrating the team -- Television and college sports as mass entertainment -- "Earthquake": Board of Regents v. NCAA -- The Civil Rights Restoration Act and enforcement of Title IX -- Scandal, reorganization, and the devolution of the student athlete -- The M connection: media and money -- What's to become of college sports?
Sommario/riassunto	"One of the great attractions of American sports is the speed with which they move. Another is that every championship season will hold their banners and trophies in places of honor. And still another is that every bad season comes to an end and hope springs eternal that next year will be splendid. Amid all the swiftly changing seasons of sports, and amid the moments that are remembered, even savored, there have been events and decisions that have proved to be turning points. Focusing on the period after 1950, Howard Chudacoff identifies seven such turning points. They are: (1)The emerging role of the NCAA in organizing sports, establishing rules, and enforcing them; (2)The integration of colleges and universities; (3)Contracts offered for college football for the new technology, TV; (4)The Supreme Court decision of

1984 that settled who could control TV revenue; (5)The passage of Title IX in 1972, requiring colleges and universities to expand women's varsity athletics; (6)The widespread scandals involving cheating in games, eligibility, and recruitment; and (7)Payment to players. Chudacoff provides the histories of each, all of which were controversial. Some still are"--

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