1.	Record Nr.	UNINA9910814851003321
	Titolo	Encountering Buddhism : Western psychology and Buddhist teachings / / edited by Seth Robert Segall
	Pubbl/distr/stampa	Albany, : State University of New York Press, 2003
	ISBN	0-7914-8679-6 1-4175-0686-5
	Descrizione fisica	1 online resource (ix, 214 pages)
	Collana	SUNY series in transpersonal and humanistic psychology
	Altri autori (Persone)	SegallSeth Robert
	Disciplina	294.3/375
	Soggetti	Buddhism and psychoanalysis Psychotherapy - Religious aspects - Buddhism Spiritual life - Buddhism Buddhism - United States - History - 20th century
	Lingua di pubblicazione	Inglese
	Formato	Materiale a stampa
	Livello bibliografico	Monografia
	Note generali	Bibliographic Level Mode of Issuance: Monograph
	Nota di bibliografia	Includes bibliographical references and index.
	Nota di contenuto	Buddhist psychology / Andrew Olendzki Close encounters of a new kind / Jeffrey B. Rubin The Buddha teaches and attitude, not an affiliation / Belinda Siew Luan Khong On being a non-Buddhist Buddhist / Seth Robert Segall Finding the Buddha/finding the self / Jean L. Kristeller Awakening from the spell of reality / Kaisa Puhakka Reflections on mirroring / Robert Rosenbaum Psychotherapy practice as Buddhist practice / Seth Robert Segall Buddhism and western psychology / Eugene Taylor
	Sommario/riassunto	"Creatively exploring the points of confluence and conflict between Western psychology and Buddhist teachings, various scholars, researchers, and therapists struggle to integrate their diverse psychological orientations - psychoanalytic, humanistic, cognitive- behavioral, transpersonal - with their diverse Theravada and Mahayana Buddhist practices. By investigating the degree to which Buddhist insights are compatible with Western science and culture, they then consider what each philosophical/psychological system has to offer the other. The contributors reveal how Buddhism has changed the way they practice psychotherapy, choose their research topics, and conduct their personal lives. In doing so, they illuminate the relevance of ancient

Buddhist texts to contemporary cultural and psychological dilemmas."